

Lunch Menu

Salads

- **Chicken Garden Salad: \$7.25**
Spring greens, herbed chicken breast, tomato, carrots, cheddar cheese, bell peppers and sunflower seeds with dijon
- **Citrus Quinoa Salad: \$7.25**
Spring greens, red and white quinoa, shaved Gruyere, dried cranberries, orange segments, candied pecans with honey balsamic vinaigrette.
- **Petite Salad* : \$3.95**
Spring greens, bell peppers, carrots, tomato and hardboiled egg with your choice of dressing.

*Add scoop of chicken, egg or cheddar dill tuna salad for \$2.00

Soups

	<i>Vegetarian</i>	<i>Meat</i>
16 ounce:	\$4.75	\$5.25
Quart:	\$12.00	\$13.00

Other

- **Veggie Hummus Combo: \$5.50**
Carrots, celery, bell peppers, whole wheat crackers, tomato, kalamata olives, mozzarella cheese and hardboiled egg with hummus.
- **Potato Chips: \$1.50** Variety of flavors

Sandwiches / Wrap

- **Roasted Turkey Sandwich: \$6.75**
Roasted turkey, roasted red pepper, provolone cheese, spring greens and parmesan peppercorn mayonnaise on a ciabatta roll.
- **Cheddar Dill Tuna Salad Sandwich: \$6.50**
Tuna salad, green onions, dill, cheddar cheese and spring greens on a multigrain ciabatta roll.
- **Caprese Sandwich: \$6.50**
Pesto, mozzarella, tomato, spring greens, and balsamic glaze on house-made Focaccia bread.
- **Curried Chicken Salad Sandwich: \$6.75**
Curried chicken breast salad with carrots, green onions, celery, golden raisins and mango chutney on a pita bread.
- **Egg Salad on Croissant: \$6.50**
Creamy egg salad on a butter croissant.
- **Buffalo Chicken Wrap: \$6.95**
Seared buffalo chicken, crisp carrot and celery, cheddar cheese, spring mix in a spinach wrap with house ranch dip on the side.