



Lunch Menu

Salads

- **Chicken Garden Salad: \$8.00**
Spring greens, herbed chicken breast, tomato, carrots, cheddar cheese, bell peppers and sunflower seeds with dijon vinaigrette.
- **Citrus Quinoa Salad: \$8.00**
Spring greens, red and white quinoa, shaved Gruyere, dried cranberries, orange segments, candied pecans with honey balsamic vinaigrette.
- **Kale & Roasted Sweet Potato Salad: \$8.00**
Kale greens, roasted sweet potato, dried cranberries, goat cheese crumbles, toasted walnuts with dijon vinaigrette.
- **Petite Salad: \$4.00**
Spring greens, bell peppers, carrots, tomato and hardboiled egg with your choice of dressing.
- **Veggie Hummus Plate: \$6.50**
Carrots, celery, bell peppers, whole wheat crackers, tomato, kalamata olives, mozzarella cheese and hardboiled egg with hummus.

Sides / Other

- **Potato Chips: \$1.50** *Variety of flavors*
- **Granola: \$5.50**

Soups

	<i>Vegetarian</i>	<i>Meat</i>
16 ounce:	\$6.00	\$6.50
Quart:	\$12.00	\$13.00

Sandwiches / Wrap

- **Roasted Turkey Sandwich: \$6.75**
Smoked turkey breast, roasted red pepper, provolone cheese, spring greens and parmesan peppercorn mayonnaise on a ciabatta roll.
- **Cheddar Dill Tuna Salad Sandwich: \$6.50**
Tuna salad, green onions, dill, cheddar cheese and spring greens on a multigrain ciabatta roll.
- **Curried Chicken Salad Sandwich: \$7.00**
Curried chicken breast salad with carrots, green onions, celery, golden raisins and mango chutney on a pita bread.
- **Egg Salad on Croissant: \$6.50**
Creamy egg salad on a butter croissant.
- **Buffalo Chicken Wrap: \$7.00**
Searched buffalo chicken, crisp carrot and celery, cheddar cheese, spring mix in a spinach wrap with house ranch dip on the side.
- **Italian Deli on Focaccia: \$7.25**
Salami, pepperoni, capicola, provolone cheese, roasted tomato aioli, and Giardiniera on focaccia.
- **Turkey with Cranberry Relish: \$7.00**
Smoked turkey breast, mixed greens, citrus cranberry relish, and cream cheese spread on a whole wheat rosemary focaccia.

Sandwich Fillings:

Egg or Tuna Salad	16 oz.	\$6.50
	32 oz.	\$13.00
Curried Chicken Salad	16 oz.	\$7.50
	32 oz.	\$15.00