



Lunch Menu

Salads

- **Chicken Garden Salad: \$8.75**
Spring greens, herbed chicken breast, tomato, carrots, cheddar cheese, bell peppers and sunflower seeds with dijon vinaigrette.
- **Citrus Quinoa Salad: \$8.50**
Spring greens, red and white quinoa, shaved Gruyere, dried cranberries, orange segments, candied pecans with honey balsamic vinaigrette.
- **Petite Salad: \$4.50**
Spring greens, bell peppers, carrots, tomato and hardboiled egg with your choice of dressing.
- **Veggie Hummus Plate: \$7.00**
Carrots, celery, bell peppers, whole wheat crackers, tomato, kalamata olives, mozzarella cheese and hardboiled egg with hummus.
- **Cheddar Dill Tuna Plate: \$7.00**
Tuna salad with green onions, dill, and cheddar cheese, celery sticks, pita bread, and mixed greens.

Sandwiches / Wrap

- **Turkey on Ciabatta: \$7.25**
Smoked turkey breast, roasted red pepper, provolone cheese, mixed greens, parmesan peppercorn mayo on a ciabatta roll.
- **Curried Chicken Salad Sandwich: \$7.75**
Curried chicken breast salad with carrots, green onions, celery, golden raisins and mango chutney on pita bread.
- **Egg Salad on Croissant: \$6.75**
Creamy egg salad on a butter croissant.
- **Buffalo Chicken Wrap: \$7.75**
Seared buffalo chicken, crisp carrot and celery, cheddar cheese, spring mix in a spinach wrap with house ranch on the side.

• Sandwich Fillings:

Egg or Tuna Salad	16 oz.	\$7.00
	32 oz.	\$14.00
Curried Chicken Salad	16 oz.	\$8.50
	32 oz.	\$17.00

Soups

	<i>Vegetarian</i>	<i>Meat</i>
16 ounce:	\$6.50	\$7.00
Quart:	\$13.00	\$14.00

Sides

- **Potato Chips: \$1.50** *Variety of flavors*

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